

July 2024 – June 2025 Training Calendar
Stokes Partnership for Children
Registrations after the deadline will not be accepted unless discussed
Registration information is available at www.stokespfc.com

*All providers are welcome to attend professional development sessions, however first priority is given to Stokes County providers. Those outside of Stokes may utilize unfilled slots after the Stokes registration

CURRENTLY ALL TRAININGS ARE BEING HELD IN PERSON UNLESS NOTED

Regional Training Calendar

Child Care Resource Center is located at 500 West 4th Street, Suite 202 Winston-Salem, NC 27101 Please visit:

<https://childcareresourcecenter.org/events/category/training/>

to view professional development opportunities throughout our region.
For additional information call 336-245-4900 Or click on the link below:

<https://childcareresourcecenter.org/>

Sessions offered in counties other than Forsyth County may have different registration requirements. Please read training summaries and follow registration guidelines for that specific training.

Registration information links are listed below each training session

Stokes Partnership for Children Training Policies

*Fee Schedule: Trainings/workshops are free for parents, families, grandparents, and foster parents; pre-registration required. There is a \$5.00 fee for childcare providers needing DCDEE credits. Division of Child Development Early Education has approved all trainings. Training policies and procedures must be followed. Policies available at www.stokespfc.com. Registration and pre-payment are required. Please make checks payable and send to:

Stokes Partnership for Children, Attn: Trainings PO Box 2319, King, NC 27021

We are unable to give refunds for “NO SHOWS” however, substitutions are allowed if requested in advance. Call KidSource Child Care Resource & Referral at 336-985-2676 for policies, registration forms, or other information.

For more information about Stokes Partnership for Children visit us at 151 Jefferson Church Road, Suite 104, King, NC, or visit our website at www.stokespfc.com or email buildingfoundations@stokespfc.com.

Date	Workshop Title	Target Audience	Time	Location	Presenter	Cost	Deadline	Credits
October 2024								
10/15/2024	Partnering with Families to Address Challenging Behaviors: We are all in this together!	Teachers of Infant/toddlers, preschool, and school-age children	6:30 – 8:30 pm	Via Zoom	Renae Lingafelt-Beeker Region 10 Behavior Specialist	\$5.00	10/07/2024	2.0 DCDEE Contact Hours
10/23/2024	It's Just a Playground or is it really an Outdoor Learning Environment (Lunch and Learn)	Teachers of Infant/toddlers, preschool, and school-age children	1:30-2:30pm	Via Zoom	Shanda Cox CCRR Stokes Partnership for Children	\$2.50	10/14/2024	1.0 DCDEE Contact Hours
10/29/2024	Appropriate expectations for children	Teachers of Infant/toddlers, preschool, and school-age children. Parents/Guardians, and foster parents	6:30 – 8:30 pm	Via Zoom	Staci Watkins FTCC Instructor	\$5.00	10/21/2024	2.0 DCDEE Contact Hours
November 2024								
11/07/2024	Fire Safety	Teachers/Directors of Infant/toddlers, preschool, and school-age children	6:30 – 8:30 pm	Fire Marshall's office	Stokes County Fire Marshall's office	\$5.00	11/01/2024	1.5 DCDEE Contact Hours
11/14/2024	What is Happening? How to document challenging behaviors to come up with a plan. (Lunch and Learn)	Teachers of Infant/toddlers, preschool, and school-age children	1:30-2:30pm	Via Zoom	Shanda Cox CCRR Stokes Partnership for Children	\$2.50	11/04/2024	1.0 DCDEE Contact Hours
11/19/2024	How to Effectively Write Social Stories: Want my behavior to change? Write me a story!	Teachers of Infant/toddlers, preschool, and school-age children	6:30 – 8:30 pm	Via Zoom	Cherie White Region 10 Behavior Specialist	\$5.00	11/11/2024	2.0 DCDEE Contact Hours
December 2024								
12/10/2024	Meet Your Mood Meter	Teachers of Infant/toddlers, preschool, and school-age children. Parents/Guardians, and foster parents	6:30 – 8:30 pm	Stokes Partnership for Children	Shanda Cox CCRR Stokes Partnership for Children	\$5.00	12/02/2024	2.0 DCDEE Contact Hours

12/14/2024	Playground Safety	Teachers of Infant/toddlers, preschool, and school-age children	8am-12pm	Stokes Partnership for Children	Shanda Cox CCR Stokes Partnership for Children	\$10.00	12/10/2024	4.0 DCDEE Contact Hours
January 2025								
01/07/2025	Resilience: Biology of Stress and the Science of Hope	Teachers of Infant/toddlers, preschool, and school-age children. Parents/Guardians, and foster parents	6:30 – 8:30 pm	Stokes Partnership for Children	Shanda Cox CCR Stokes Partnership for Children	\$5.00	01/01/2025	2.0 DCDEE Contact Hours
01/14/2025	Objectives, Foundations and Planning...Oh my!	Teachers of Infant/toddlers, preschool, and school-age children	6:30 – 8:30 pm	Via Zoom	Staci Watkins FTCC Instructor	\$5.00	01/01/2025	2.0 DCDEE Contact Hours
1/16/2025	ITS SIDS	Teachers of Infant/toddlers, Parents/Guardians, and foster parents	6:30 – 8:30 pm	Zoom	Sandy Weaver Region 10 Birth-3 Specialist	\$5.00	02/14/2024	2.0 DCDEE Contact Hours
01/21/2025	Strategies for Challenging Behaviors	Teachers of Infant/toddlers, preschool, and school-age children	6:30 – 8:30 pm	Via Zoom	Cherie White Region 10 Behavior Specialist	\$5.00	01/14/2025	2.0 DCDEE Contact Hours
February 2025								
02/05/2025	Effectively communicating with families – It's all about time, connection and methods (Lunch and Learn)	Teachers of Infant/toddlers, preschool, and school-age children	1:30-2:30pm	Via Zoom	Shanda Cox CCR Stokes Partnership for Children	\$2.50	02/01/2025	1.0 DCDEE Contact Hours
02/06/2025	Preventing Power Struggles with Preschoolers	Teachers of Infant/toddlers, preschool, and school-age children	6:30 – 8:30 pm	Via Zoom	Cherie White Region 10 Behavior Specialist	\$5.00	02/01/2025	2.0 DCDEE Contact Hours
02/11/2025	“Why you” (Understanding Trauma and Building Resilience)	Teachers of Infant/toddlers, preschool, and school-age children. Parents/Guardians, and foster parents	6:30 – 8:30 pm	Stokes Partnership for Children	Shanda Cox CCR Stokes Partnership for Children	\$5.00	02/05/2025	2.0 DCDEE Contact Hours
March 2025								

03/25/2025	Staying on Track	Teachers of Infant/toddlers, preschool, and school-age children	6:30 – 8:30 pm	Via Zoom	Rena Lingafelt- Beeker Region 10 Behavior Specialist	\$5.00	03/15/2025	2.0 DCDEE Contact Hours
April 2025								
04/29/2025	Developmentally Appropriate Behavior: But, I'm supposed to act like this!	Teachers of Infant/toddlers, preschool, and school-age children	6:30 – 8:30 pm	Via Zoom	Rena Lingafelt- Beeker Region 10 Behavior Specialist	\$5.00	04/20/2025	2.0 DCDEE Contact Hours
May 2025								
June 2025								

Training Calendar Descriptions

October 2024

10/07/2024 Partnering with Families to Address Challenging Behaviors: We are all in this together!	When a child uses challenging behaviors at school, parents and teachers need to work together to address the issue. However, when discussing behavior problems parents often feel blamed by the teachers and teachers often feel unsupported by the parents. This session focuses on developing strategies and skills to make these conversations more productive for everyone...especially the child! Participants will learn how to set the stage for and successfully conduct these difficult conversations with parents.
10/23/2024 It's Just a Playground or is it really	Playgrounds can be a wonderful way for children to move their bodies, but did you know that they can also be a wonderful space to not only explore nature, but be surrounded by a variety of learning adventures. In this training,

an Outdoor Learning Environment (Lunch and Learn)	teachers will be able to see how to create high quality outdoor learning environments and activities using materials around them and how to help children explore, connect and enjoy the wonderful things nature brings in a playground setting.
10/29/2024 Appropriate expectations for children	Now that we know our basic child development, let's take it to the next level! How do we put our learnings into practice in our classrooms? How should we expect young children to behave in our class? What do we do when things don't go the way we expect? Let's discuss and learn what we can and should expect in our classrooms and how to shift our own expectations to enhance learning.
November 2024	
11/07/2024 Fire Safety	This workshop will focus on the state requirements for childcare and after-school program compliance for fire safety including exit drills, evacuation procedures and use of fire extinguishers.
11/14/2024 What is Happening? How to document challenging behaviors to come up with a plan. (Lunch and Learn)	Behaviors are always a form of communication in children. Documenting when, where, how long and what strategies you used can help you form a plan to help a child with these behaviors. In this training, teacher will be able to see how important documenting behaviors can be and how to use this documentation to modify a child's environment, schedule or interactions to help support healthy social-emotional skills. Documentation can also help teachers communicate with families about what is going on in the classroom so strategies can be followed at home to build the school-home connection.
11/19/2024 How to Effectively Write Social Stories: Want my behavior to change? Write me a story!	Struggling with a specific challenging behavior in your classroom? Social stories have long been used to support individuals in developing appropriate social/emotional skills. Social stories are brief descriptive stories that provide information regarding a social situation. This training focuses on the creation and use of social stories in the early childhood classroom as a tool to support a child who is struggling with a challenging behavior.
December 2024	
12/10/2024 Meet your Mood Meter when dealing with Challenging Behaviors	When working in the classroom settings a teacher can create the stage for learning and development. In this training participants will be able to recognize, understand, and handle their emotions as they work with children and challenging behaviors. Teachers will look at how their emotions affect learning, development, and daily classroom routines. Participants will engage in activities to help them understand what their bodies feel during challenging behaviors and how it can affect how they handle challenging behaviors. The training will give strategies they can use for themselves and to be able to create a classroom that is responsive to social/emotional challenges.
12/14/2024 Playground Safety	Learn key concepts of playground safety, test for hazards and identify general maintenance requirements
January 2025	
01/07/2025 Resilience: Biology of Stress and the Science of Hope	Researchers have recently discovered a dangerous biological syndrome caused by abuse and neglect during childhood. As the new documentary <i>Resilience</i> reveals, toxic stress can trigger hormones that wreak havoc on the brains and bodies of children, putting them at a greater risk for disease, homelessness, prison time, and early death. While the broader impacts of poverty worsen the risk, no segment of society is immune. <i>Resilience</i> , however, also chronicles the dawn of a movement that is determined to fight back. Trailblazers in pediatrics, education, and social welfare are using cutting-edge science and field-tested therapies to protect children from the insidious effects of toxic stress—and the dark legacy

	of a childhood that no child would choose. The training will involve a preview of the film, roundtable discussion on the topic as it relates to child development and the early childhood classroom. The training will look at the connection between the aspects of the film and NC Foundations
01/14/2025 Objectives, Foundations and Planning...Oh my!	How do we make activity and lesson plans line up with our objectives? What should our activity planning look like? How do we make sure we are meeting the needs of the children in our course? All of these are valid questions and will be answered. We will explore backwards design and objective writing that meets the learning standards while still meeting individual needs of children.
01/16/2024 ITS SIDS	Infant/Toddler Safe Sleep and Sudden Death Syndrome Risk Reduction in Childcare. Mandatory for caregivers of children 0-12 months every 3 years
01/19/2025 Strategies for Challenging Behaviors	This workshop will focus on difficult behaviors in the classroom. Participants will have a chance to discuss the frustrating behaviors they face in their classroom, and explore techniques and resources for supporting social emotional development and addressing challenging behavior.
February 2025	
02/06/2025 Preventing Power Struggles with Preschoolers	We all want to be in control of our own lives. But young children usually have very few opportunities to make choices about what they do and when they do it. They're told when to get up, what to wear, what to eat and when to eat it, where to go and what to do when they get there. Introducing choice into a young child's life can be a powerful tool to promote improved behavior in your classroom. Come learn the five steps to using the choice making strategy and discover how easily you can embed choice-making opportunities into your classroom and short-circuit power struggles with your preschoolers.
02/11/2025 "Why you" (Understanding Trauma and Building Resilience)	In this training participants will learn about childhood trauma, ACE'S, and COVID's impact on ACE'S. We will talk about stress (types of stress) and how that presents itself in the classroom setting. Participants will look at changing their mindsets around trauma to support children and families in their classrooms. We will look at Protective Factors and how to set up Social/Emotional centers in their classroom to help children and families build resilience.
March 2025	
03/25/2025 Staying on Track	Why are daily classroom routines and schedule so important in the daily lives of teachers and young children? How does following a consistent daily schedule with embedded routines support the social and emotional development of the children in your class? What can we do to help children 'stay on track' as they move through a typical preschool day? Through this training, you will receive answers to these questions and develop a deeper understanding of the role of schedules and routines in supporting healthy social-emotional development for all children.
April 2025	
04/29/2025 Developmentally Appropriate Behavior: But, I'm supposed to	Children use many different kinds of behavior as they grow and test their skills. Some of these behaviors, although appropriate for their developmental age, are still very challenging for teachers. This session focuses on understanding

act like this!	when children can be expected to acquire certain social- emotional skills and guides participants toward understanding, respecting and responding to developmentally appropriate behaviors.
May 2025	
June 2025	