

**July 2023 – June 2024 Training Calendar**  
Stokes Partnership for Children  
**Registrations after the deadline will not be accepted unless discussed**  
Registration information is available at [www.stokespfc.com](http://www.stokespfc.com)

\*All providers are welcome to attend professional development sessions, however first priority is given to Stokes County providers. Those outside of Stokes may utilize unfilled slots after the Stokes registration

**CURRENTLY ALL TRAININGS ARE BEING HELD IN PERSON UNLESS NOTED**

### **Regional Training Calendar**

**Child Care Resource Center is located at 500 West 4<sup>th</sup> Street, Suite 202 Winston-Salem, NC 27101 Please visit:**

<https://childcareresourcecenter.org/events/category/training/>

to view professional development opportunities throughout our region.  
For additional information call 336-245-4900 Or click on the link below:

<https://childcareresourcecenter.org/>

Sessions offered in counties other than Forsyth County may have different registration requirements. Please read training summaries and follow registration guidelines for that specific training.

Registration information links are listed below each training session

### **Stokes Partnership for Children Training Policies**

\*Fee Schedule: Trainings/workshops are free for parents, families, grandparents, and foster parents; pre-registration required. There is a \$5.00 fee for childcare providers needing DCDEE credits. Division of Child Development Early Education has approved all trainings. Training policies and procedures must be followed. Policies available at [www.stokespfc.com](http://www.stokespfc.com). Registration and pre-payment are required. Please make checks payable and send to:

*Stokes Partnership for Children, Attn: Trainings PO Box 2319, King, NC 27021*

We are unable to give refunds for “NO SHOWS” however, substitutions are allowed if requested in advance. Call KidSource Child Care Resource & Referral at 336-985-2676 for policies, registration forms, or other information.

For more information about Stokes Partnership for Children visit us at 151 Jefferson Church Road, Suite 104, King, NC, or visit our website at [www.stokespfc.com](http://www.stokespfc.com) or email [buildingfoundations@stokespfc.com](mailto:buildingfoundations@stokespfc.com).

Date	Workshop Title	Target Audience	Time	Location	Presenter	Cost	Deadline	Credits
<b>July 2023</b>								
7/11/2023	ITS SIDS	Teachers of Infant/Toddlers, Parents/Guardians, and foster parents	6:30 – 8:30 pm	Stokes Partnership for Children	Sandy Weaver Region 10 Birth-3 Specialist	\$5.00	N/A	2.0 DCDEE Contact Hours
<b>August 2023</b>								
8/23/2023	Playground Safety	Teachers of Infant/toddlers, preschool, and school-age children.	8:00-12:00	Stokes Partnership for Children	Shanda Cox CCRR Stokes Partnership for Children	\$10.00	N/A	4.0 DCDEE Contact Hours
<b>September 2023</b>								
9/14/2023 Cancelled	ITS SIDS	Teachers of Infant/Toddlers, Parents/Guardians, and foster parents	6:30 – 8:30 pm	Stokes Partnership for Children	Sandy Weaver Region 10 Birth-3 Specialist	\$5.00	9/8/2023	2.0 DCDEE Contact Hours
<b>October 2023</b>								
10/12/2023	How are you? How am I?	Teachers of Infant/Toddlers, Parents/Guardians, and foster parents	6:30 – 8:30 pm	Via Zoom	Rena Lingafelt-Becker Region 10 Behavior Specialist	\$5.00	10/9/2023	2.0 DCDEE Contact Hours
10/24/2023	Deep Breathing: A Connection to Calm	Teachers of Infant/toddlers, preschool, and school-age children. Parents/Guardians, and foster parents	6:30 – 8:30 pm	Via Zoom	Cherie White Region 10 Behavior Specialist	\$5.00	10/16/2023	2.0 DCDEE Contact Hours
<b>November 2023</b>								
11/7/2023	Staying on Track	Teachers of Infant/toddlers, preschool, and school-age children. Parents/Guardians, and foster parents	6:30 – 8:30 pm	Via Zoom	Cherie White Region 10 Behavior Specialist	\$5.00	11/1/2023	2.0 DCDEE Contact Hours
11/9/2023	ITS SIDS	Teachers of Infant/Toddlers, Parents/Guardians, and foster parents	6:30 – 8:30 pm	Stokes Partnership for Children	Melinda McCullen Region 10 Birth-3 Specialist	\$5.00	11/3/2023	2.0 DCDEE Contact Hours

11/16/2023	<b>Resilience: Biology of Stress and the Science of Hope</b>	Teachers of Infant/toddlers, preschool, and school-age children. Parents/Guardians, and foster parents	6:30 – 8:30 pm	<b>Stokes Partnership for Children</b>	<b>Shanda Cox CCRR Stokes Partnership for Children</b>	\$5.00	11/8/2023	2.0 DCDEE Contact Hours
11/20/2023 <b>Monday</b>	<b>Professionalism inside and outside the classroom</b>	Teachers of Infant/toddlers, preschool, and school-age children	6:30 – 8:30 pm	<b>Via Zoom</b>	<b>Staci Watkins FTCC Instructor</b>	\$5.00		2.0 DCDEE Contact Hours
11/29/2023	<b>Connecting Lesson Plans to NC Foundations Lunch and Learn</b>	Teachers of Infant/toddlers, preschool, and school-age children	1:30-2:30pm	<b>Via Zoom</b>	<b>Shanda Cox CCRR Stokes Partnership for Children</b>	\$2.50	11/22/2023	1.0 DCDEE Contact Hours
<b>December 2023</b>								
12/12/2023	<b>“Why you” (Understanding Trauma and Building Resilience)</b>	Teachers of Infant/toddlers, preschool, and school-age children. Parents/Guardians, and foster parents	6:30 – 8:30 pm	<b>Stokes Partnership for Children</b>	<b>Shanda Cox CCRR Stokes Partnership for Children</b>	\$5.00	12/6/2023	2.0 DCDEE Contact Hours
<b>January 2024</b>								
01/10/2024	<b>Observations, Portfolios, and Documentation – Let’s Tell a Story! Lunch and Learn</b>	Teachers of Infant/toddlers, preschool, and school-age children	1:30-2:30pm	<b>Via Zoom</b>	<b>Shanda Cox CCRR Stokes Partnership for Children</b>	\$2.50	01/05/2024	1.0 DCDEE Contact Hours
01/18/2024	<b>Please, teach me what to do!</b>	Teachers of Infant/toddlers, preschool, and school-age children. Parents/Guardians, and foster parents	6:30 – 8:30 pm	<b>Via Zoom</b>	<b>Rena Lingafelt-Becker Region 10 Behavior Specialist</b>	\$5.00	01/12/2024	2.0 DCDEE Contact Hours
01/22/2023 <b>Monday</b>	Objections, Foundations and Planning...Oh my!	Teachers of Infant/toddlers, preschool, and school-age children	6:30 – 8:30 pm	<b>Via Zoom</b>	<b>Staci Watkins FTCC Instructor</b>	\$5.00	01/15/2024	2.0 DCDEE Contact Hours
01/27/2024	<b>Playground Safety</b>	Teachers of Infant/toddlers, preschool, and school-age children.	8am- 12pm	<b>Stokes Partnership for Children</b>	<b>Shanda Cox CCRR Stokes Partnership for Children</b>	\$10.00	02/10/2023	4.0 DCDEE Contact Hours
<b>February 2024</b>								
02/06/2023	<b>Strategies for Challenging Behaviors</b>	Teachers of Infant/toddlers, preschool, and school-age children.	6:30 – 8:30 pm	<b>Via Zoom</b>	<b>Cherie White Region 10 Behavior Specialist</b>	\$5.00	01/29/2024	2.0 DCDEE Contact Hours

		Parents/Guardians, and foster parents						
2/20/2024	ITS SIDS	Teachers of Infant/toddlers, Parents/Guardians, and foster parents	6:30 – 8:30 pm	Stokes Partnership for Children	Melinda McCullen Region 10 Birth-3 Specialist	\$5.00	02/14/2024	2.0 DCDEE Contact Hours
02/28/2024	Effectively communicating with families – It’s all about time, connection and methods <b>(Lunch and Learn)</b>	Teachers of Infant/toddlers, preschool, and school-age children	1:30-2:30pm	Via Zoom	Shanda Cox CCRR Stokes Partnership for Children	\$2.50	02/21/2024	1.0 DCDEE Contact Hours
<b>March 2024</b>								
03/11/2024 Monday	Appropriate expectations for children	Teachers of Infant/toddlers, preschool, and school-age children. Parents/Guardians, and foster parents	6:30 – 8:30 pm	Via Zoom	Staci Watkins FTCC Instructor	\$5.00	03/01/2024	2.0 DCDEE Contact Hours
3/14/2024	What does a Pyramid have to do with challenging behaviors?	Teachers of Infant/toddlers, preschool, and school-age children. Parents/Guardians, and foster parents	6:30 – 8:30 pm	Via Zoom	Rena Lingafelt-Beeker Region 10 Behavior Specialist	\$5.00	3/8/2024	2.0 DCDEE Contact Hours
03/19/2024	Fire Safety	Teachers/Directors of Infant/toddlers, preschool, and school-age children	6:30 – 8:30 pm	Stokes Partnership for Children	Stokes County Fire Marshall’s office	\$5.00	03/10/2024	1.5 DCDEE Contact Hours
03/20/2024	What is Happening? How to document challenging behaviors to come up with a plan. <b>(Lunch and Learn)</b>	Teachers of Infant/toddlers, preschool, and school-age children	1:30-2:30pm	Via Zoom	Shanda Cox CCRR Stokes Partnership for Children	\$2.50	03/13/2024	1.0 DCDEE Contact Hours
<b>April 2024</b>								
04/09/2024	Preventing Power Struggles with Preschoolers	Teachers of Infant/toddlers, preschool, and school-age children. Parents/Guardians, and foster parents	6:30 – 8:30 pm	Via Zoom	Cherie White Region 10 Behavior Specialist	\$5.00	04/03/2024	2.0 DCDEE Contact Hours

04/17/2024	<b>It's Just a Playground or is it really an Outdoor Learning Environment</b> <b>(Lunch and Learn)</b>	Teachers of Infant/toddlers, preschool, and school-age children	1:30-2:30pm	Via Zoom	Shanda Cox CCRR Stokes Partnership for Children	\$2.50	04/10/2024	1.0 DCDEE Contact Hours
<b>May 2024</b>								
5/9/2024	<b>ITS SIDS</b>	Teachers of Infant/Toddlers, Parents/Guardians, and foster parents	6:30 – 8:30 pm	<b>Stokes Partnership for Children</b>	Melinda McCullen Region 10 Birth-3 Specialist	\$5.00	05/03/2024	2.0 DCDEE Contact Hours
05/16/2024	<b>What's in your teaching toolkit?</b>	Teachers of Infant/toddlers, preschool, and school-age children. Parents/Guardians, and foster parents	6:30 – 8:30 pm	Via Zoom	Rena Lingafelt-Beeker Region 10 Behavior Specialist	\$5.00	05/10/2024	2.0 DCDEE Contact Hours
<b>June 2024</b>								
06/11/2024	<b>Meet Your Mood Meter</b>	Teachers of Infant/toddlers, preschool, and school-age children. Parents/Guardians, and foster parents	6:30 – 8:30 pm	<b>Stokes Partnership for Children</b>	Shanda Cox CCRR Stokes Partnership for Children	\$5.00	06/05/2024	2.0 DCDEE Contact Hours

## Training Calendar Descriptions

<b>July 2023</b>	
<b>07/11/2023</b> <b>ITS SIDS</b>	Infant/Toddler Safe Sleep and Sudden Death Syndrome Risk Reduction in Childcare. Mandatory for caregivers of children 0-12 months every 3 years
<b>August 2023</b>	
<b>08/23/2023</b> <b>Playground Safety</b>	Learn key concepts of playground safety, test for hazards and identify general maintenance requirements
<b>September 2023</b>	
<b>09/14/2023</b> <b>Cancelled</b> <b>ITS SIDS</b>	Infant/Toddler Safe Sleep and Sudden Death Syndrome Risk Reduction in Childcare. Mandatory for caregivers of children 0-12 months every 3 years
<b>October 2023</b>	

<p align="center"><b>10/12/2023</b> <b>How Are You? How Am I?</b></p>	<p>Most preschool teachers are diligent about introducing their students to a large variety of literature and pre-literacy activities. But emotional literacy – the ability to identify, understand and respond to emotions in yourself and others in a healthy manner – is even more basic to school readiness. We’ll examine the many benefits to children who gain a strong foundation in emotional literacy, explore simple ways in which you can foster emotional literacy in your classroom, and share some excellent resources for tools and activities teachers can incorporate into their daily classroom curriculum to make intentional teaching of emotions fun and easy.</p>
<p align="center"><b>10/24/2023</b> <b>Deep Breathing: A Connection to Calm</b></p>	<p>This training is geared towards informing, assessing, and providing strategies to support the skill of deep breathing and making the connection to help children learn how to calm. Participants will assess their own responses and reactions in relation to deep breathing by creating an environment that naturally promotes this crucial skill to early social-emotional development. They will learn about the importance of and evidence-based research on why breathing with children matters. This training will provide you with the understanding of your relationship with yourself, your children, and your teaching team/s.</p>
<p><b>November 2023</b></p>	
<p align="center"><b>11/7/2023</b> <b>Staying on Track</b></p>	<p>Why are daily classroom routines and schedule so important in the daily lives of teachers and young children? How does following a consistent daily schedule with embedded routines support the social and emotional development of the children in your class? What can we do to help children ‘stay on track’ as they move through a typical preschool day? Through this training, you will receive answers to these questions and develop a deeper understanding of the role of schedules and routines in supporting healthy social-emotional development for all children</p>
<p align="center"><b>11/9/2023</b> <b>IT SIDS</b></p>	<p align="center">Infant/Toddler Safe Sleep and Sudden Death Syndrome Risk Reduction in Childcare. Mandatory for caregivers of children 0-12 months every 3 years.</p>
<p align="center"><b>01/16/2023</b> <b>Resilience: Biology of Stress and the Science of Hope</b></p>	<p>Researchers have recently discovered a dangerous biological syndrome caused by abuse and neglect during childhood. As the new documentary <i>Resilience</i> reveals, toxic stress can trigger hormones that wreak havoc on the brains and bodies of children, putting them at a greater risk for disease, homelessness, prison time, and early death. While the broader impacts of poverty worsen the risk, no segment of society is immune. <i>Resilience</i>, however, also chronicles the dawn of a movement that is determined to fight back. Trailblazers in pediatrics, education, and social welfare are using cutting-edge science and field-tested therapies to protect children from the insidious effects of toxic stress—and the dark legacy of a childhood that no child would choose. The training will involve a preview of the film, roundtable discussion on the topic as it relates to child development and the early childhood classroom. The training will look at the connection between the aspects of the film and NC Foundations</p>
<p align="center"><b>11/20/2023</b> <b>Professionalism inside and outside the classroom</b></p>	<p>How do we maintain healthy boundaries with families in our classrooms? What are some suggested ways to handle these types of situations? Everything from social media to parent interactions at pick up and everything in between. Maintaining a professional profile is incredibly important for all of us as educators to maintain healthy relationships with families.</p>
<p align="center"><b>11/29/2023</b> <b>Connecting Lesson plans to NC Foundations</b> <b>(Lunch and Learn)</b></p>	<p>High quality lesson plans are important for intentional teaching. Knowing why you are creating an activity and how to connect it to developmental milestones is vital to helping children reach new levels in development. In this training, participants will learn how and why they should be able to connect activities to NC Foundations to help children reach developmental milestones while creating high quality learning experiences.</p>
<p><b>December 2023</b></p>	
<p align="center"><b>12/12/2023</b></p>	<p>In this training participants will learn about childhood trauma, ACE’S, and COVID’s impact on ACE’S. We will talk</p>

<p><b>“Why you” (Understanding Trauma and Building Resilience)</b></p>	<p>about stress (types of stress) and how that presents itself in the classroom setting. Participants will look at changing their mindsets around trauma to support children and families in their classrooms. We will look at Protective Factors and how to set up Social/Emotional centers in their classroom to help children and families build resilience.</p>
<p><b>January 2024</b></p>	
<p><b>01/10/2024</b>  <b>Observations, Portfolios, and Documentation – Let’s Tell a Story!</b>  <b>Lunch and Learn</b></p>	<p>Documentation of children’s development is not only good for early intervention, but is important for teachers to understand as they plan and communicate with families. In this training teachers will learn ways to document skills seen in the classroom, ways to collect evidence of growth, and then ways to put all this information together to present to families.</p>
<p><b>01/18/2024</b>  <b>Please, teach me what to do!</b></p>	<p>Learning new skills is hard, and when you’re a preschooler every skill is new. Learning to manage your own behavior can be the hardest skill of all. Teaching self-management can be an intensive process, but it’s a skill that is crucial to kindergarten readiness. When children can navigate the classroom with minimal adult assistance, they learn to take ownership of their own actions and choices, they treat others better, and are better able to calm themselves and to problem solve. Come learn the five steps to teaching self-management skills so you and your children can reap the benefits.</p>
<p><b>1/22/2024</b>  <b>Objections, Foundations and Planning...Oh my!</b></p>	<p>How do we make activity and lesson plans line up with our objectives? What should our activity planning look like? How do we make sure we are meeting the needs of the children in our course? All of these are valid questions and will be answered. We will explore backwards design and objective writing that meets the learning standards while still meeting individual needs of children.</p>
<p><b>01/27/2024</b>  <b>Playground Safety</b></p>	<p>Learn key concepts of playground safety, test for hazards and identify general maintenance requirements.</p>
<p><b>February 2024</b></p>	
<p><b>02/06/2024</b>  <b>Strategies for Challenging Behaviors</b></p>	<p>This workshop will focus on difficult behaviors in the classroom. Participants will have a chance to discuss the frustrating behaviors they face in their classroom, and explore techniques and resources for supporting social emotional development and addressing challenging behavior.</p>
<p><b>02/20/2024</b>  <b>ITS SIDS</b></p>	<p>Infant/Toddler Safe Sleep and Sudden Death Syndrome Risk Reduction in Childcare. Mandatory for caregivers of children 0-12 months every 3 years</p>
<p><b>02/28/2024</b>  <b>Effectively communicating with families – It’s all about time, connection and methods</b>  <b>(Lunch and Learn)</b></p>	<p>Communication with families is a vital component to a child’s school-home experience. Families are the child’s first teacher, so having a relationship with them that fosters bonds is important to the experiences the child and teacher have in the classroom. In this training, teacher will learn about ways to communicate and build bonds with families and how to encourage family’s participation in daily activities. They will learn how and when is appropriate times to engage families in hard conversations. Learn what good morning and afternoon pickup interactions look like and various communication techniques they can use in the classroom.</p>
<p><b>March 2024</b></p>	
<p><b>03/11/2024</b>  <b>Appropriate expectations for children</b></p>	<p>Now that we know our basic child development, let's take it to the next level! How do we put our learnings into practice in our classrooms? How should we expect young children to behave in our class? What do we do when things don't go the way we expect? Let's discuss and learn what we can and should expect in our classrooms and how to shift our own expectations to enhance learning.</p>
	<p>An Overview of the Pyramid Model Are you hearing about a “pyramid model” and not really sure what that means? Do you wonder how a pyramid relates to challenging behaviors? Are you considering attending a CEU-level learning event</p>



<p><b>03/14/2024</b>  <b>What does a Pyramid have to do with challenging behaviors?</b></p>	<p>about social-emotional development but are afraid to make the time commitment until you know a little more? If you answered “yes” to any of these questions, come to this overview of the <i>Teaching Pyramid Model</i>. During this session, participants will gain a deeper understanding of the importance of healthy social emotional development in young children, factors that influence behaviors, and causes of challenging behaviors in young children. A variety of activities will help participants understand each component of the Pyramid Model and how it can be used to promote healthy social behaviors and prevent challenging behaviors in preschool classrooms</p>
<p><b>03/19/2024</b>  <b>Fire Safety</b></p>	<p>This workshop will focus on the state requirements for childcare and after-school program compliance for fire safety including exit drills, evacuation procedures and use of fire extinguishers.</p>
<p><b>03/20/2024</b>  <b>What is Happening? How to document challenging behaviors to come up with a plan.</b>  <b>(Lunch and Learn)</b></p>	<p>Behaviors are always a form of communication in children. Documenting when, where, how long and what strategies you used can help you form a plan to help a child with these behaviors. In this training, teacher will be able to see how important documenting behaviors can be and how to use this documentation to modify a child’s environment, schedule or interactions to help support healthy social-emotional skills. Documentation can also help teachers communicate with families about what is going on in the classroom so strategies can be followed at home to build the school-home connection.</p>
<p><b>April 2024</b></p>	
<p><b>4/09/2024</b>  <b>Preventing Power Struggles with Preschoolers</b></p>	<p>We all want to be in control of our own lives. But young children usually have very few opportunities to make choices about what they do and when they do it. They’re told when to get up, what to wear, what to eat and when to eat it, where to go and what to do when they get there. Introducing choice into a young child’s life can be a powerful tool to promote improved behavior in your classroom. Come learn the five steps to using the choice making strategy and discover how easily you can embed choice-making opportunities into your classroom and short-circuit power struggles with your preschoolers.</p>
<p><b>04/17/2024</b>  <b>It’s Just a Playground or is it really an Outdoor Learning Environment</b>  <b>(Lunch and Learn)</b></p>	<p>Playgrounds can be a wonderful way for children to move their bodies, but did you know that they can also be a wonderful space to not only explore nature, but be surrounded by a variety of learning adventures. In this training, teachers will be able to see how to create high quality outdoor learning environments and activities using materials around them and how to help children explore, connect and enjoy the wonderful things nature brings in a playground setting.</p>
<p><b>May 2024</b></p>	
<p><b>05/09/2024</b>  <b>ITS SIDS</b></p>	<p>Infant/Toddler Safe Sleep and Sudden Death Syndrome Risk Reduction in Childcare. Mandatory for caregivers of children 0-12 months every 3 years</p>
<p><b>05/16/2024</b>  <b>What’s in your teaching tool-kit?</b></p>	<p>Everyone needs practical strategies and materials to help with challenging behavior in young children (especially those that research has shown to be highly effective). This training walks participants through <i>The Teaching Tools for Young Children with Challenging Behavior</i> resource (known as TTYC). This tool is packed with strategies based on Positive Behavior Support and the Pyramid Model that are collected in one resource and easily accessible through a free website. Participants will see tools for prevention of challenging behavior as well as tips, forms, guides and practical resources that promote problem solving skills, friendship development and social skill instruction, all of which are critical to the core development of school readiness.</p>
<p><b>June 2024</b></p>	
<p><b>06/11/2024</b>  <b>Meet your Mood Meter when dealing with Challenging Behaviors</b></p>	<p>When working in the classroom settings a teacher can create the stage for learning and development. In this training participants will be able to recognize, understand, and handle their emotions as they work with children and challenging behaviors. Teachers will look at how their emotions affect learning, development, and daily classroom routines. Participants will engage in activities to help them understand what their bodies feel during challenging behaviors and</p>



	<p>how it can affect how they handle challenging behaviors. The training will give strategies they can use for themselves and to be able to create a classroom that is responsive to social/emotional challenges.</p>
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